

Sunnybank District Community Men's Shed Inc.

Website : www.sunnybankshed.org

Men in sheds, building communities, working shoulder to shoulder.

Newsletter : January 2014

Happy New Year

In September 2012, we had our first Public meeting to re-start the Sunnybank District Community Shed.

In September 2013, we held our first Annual General meeting.

In November 2013, we held our first Open Day at the shed.

What will 2014 hold in store for us?

Our Development Application is being processed –will it be given the green light by the powers that be?

Will we be granted the money pledged to us during the Election?

Will our shed be given the grant funds necessary to install 3 phase power for our present and future needs.?

The only facts **we know for sure** are that the shed will be open 3 days each week—Monday, Wednesday, and Fridays, between 8.30 am and Noon.

We know that the committee meetings will be held on the third Friday of each month, after the shed activities cease.

We know that the sausage sizzle will be on the last Friday each month, and where possible, a Guest speaker will also address us.

We know that the committee will introduce a supervisor system to oversee the projects each day during activities .

We know that a classification for each member will also be introduced, based on experience and skills. This will assist in maintaining the standards necessary for Health and Safety regulations.

We also know that we are all going to have an even better year than last year, as we get to know each other and develop our working together skills.

Let us all make it a Happy and Productive New Year!!!!

The dream of a Community Garden is a step closer to realisation. The request for permission to place a shipping container near the shed (to be used for gardening tool and equipment) has been sent to the Uniting Church Council and seems to have been approved. The area where the garden will be located has been nominated by the Church and our team of prospective gardeners are getting ready to do the preparation need to establish the above ground garden beds.



Our marquee has arrived. Kim Marx , assisted by Laurel, delivered the marquee to the shed just before we closed down for the Christmas break. It's purchase was made possible with a Community grant from the Brisbane City Council and Kim Marx, Councillor for Karawatha Ward. The grant also will supply us with Tea, Coffee, and extras for some time into the coming year. This 3 x 3 m marquee will be a great asset to us when we attend Markets, fetes, etc, as our logo is well displayed on the front & back , along with acknowledgement of the support from Kim and the Council. It will also provided extra cover at future open days and similar events.

QUICK FIRST AID TIPS

Unconscious? Ring 000

Bleeding? Apply direct pressure to the wound and elevate it.

Burn? Run under cool water for at least 20 minutes.

Fracture? Stop it from moving.

The **best** way to approach First Aid is to have a current certificate . Des is constantly seeking members to attend a First Aid class and become qualified . It should be a necessity for all shed supervisors and resuscitation should be familiar to all shedders.

Contacts : Des Broom - Chairman Ph. 3345 2876 . Michael Langham - Treasurer Ph. 3272 8085
Secretary –Maurice Millsom –Ph. 3272 4045 Ian Turner—Shed Manager Ph. 0448 045 438

Location : Hillcrest St, Sunnybank Hills– Adjacent to Sunnybank Uniting Church parking area.

Postal Address : Unit 5 ,62 Pinelands Road, Sunnybank Hills. QLD. 4109

This shed is the initiative of the Sunnybank RSL Sub Branch and the Sunnybank Uniting Church.





Christmas message from Des.

Twelve months have passed, but we are a lot closer to achieving our goal. My utmost thanks to everyone who has assisted me throughout the year. Special mention must go to the Members of the Board.

Secretary Maurice-stepping up when needed and is still learning the ropes, but getting on with it.
Treasurer Michael—who also stepped up when needed and is also a great asset to the management of the shed.
Fundraising & Projects Phil—another member who stepped up when needed and with his business knowledge is a valuable member of the team.
Communications & Publicity David.—probably the best “Newsletter” writer I have ever been associated with and jack of all trades who steps in wherever and whenever needed to fill a gap.
Shed Manager Ian always manages to get things going with the help of David, Maurice, Phil, Michael & others.
Membership Lance—keeping abreast with changes as they arise and membership is now over 40.
Activities & Assets Dan—firstly our thanks to Linda and himself for the use of their home and organising the “break-up” and secondly, for being readily available with his “ute” to collect donations and dump rubbish etc. he was ably assisted by Col to get the assets register up and running— an ongoing document.
To the many other members (Con, Raymond, Jon, and anyone else I missed mentioning) who also willingly gave of their time, “utes” & trailers to collect anything and everything. Rosa, for helping out with the Remembrance Day Sales.
Thanks also to our Local Members, Mark, Kim, & Freya for their assistance when required.
It has been a sad year with the passing of three members; Peter Philp, Bob Jagers, & Clinton Dodge: may they rest in peace.
Finally, may I wish you and yours a very Merry Christmas and a Happy New Year.
Thanks you all, Des.

The Christmas break-up party was held on December 7th at the home of Dan & Linda. About 40 members and partners, plus all our local members attended.

The weather was kind to us, it was a perfect afternoon and as the sun set, an outdoor brazier was lit.



Dan was joined by Con to do the cooking, and the desert was provided by Linda with many contributions from those attending.



The local members are very busy at Christmas. Mark had another 4 events that night, with Kim intending to visit another 5 community events. We appreciate their visit and also their support during the year. Des gave us his Christmas Message (opposite) and all who attended agreed it was a great relaxed way to finish the busy year.

Dan is planning on having a mid-year event in 2014 along similar lines—a great idea.



Dates for 2014.

Guest speaker for 5th Friday in January: 31st Jan. Liz Ainsworth. Senior Occupational Therapist-Topic-Home Mods/Aids & Finance.

Bunning's B-B-Q's. Saturday 8th February :
Sat. 26th April:
Sunday 3rd August :
Saturday 11th October:
Sun. 28th December.

Committee Meetings (3rd Friday) 17th January
21st February
21st March
Easter Friday 18th April - Suggest Wed. 16th. April
Friday 16th May
20th June

B-B-Q's – last Friday each month.



Two of the projects under production at the present time. The small high chair was requested for use with dementia patients at Carrington House and the Chocolate Wheel is for use with the residents of Carramar Nursing



Home. We are also catching up on some of the orders placed on the Open Day.

From the Editors Desk. I visited my eye specialist recently for an all clear on the cancer I had removed from my eyeball 2 years ago. I got the all clear but he found the start of a Macular Degeneration (MD) condition. While no treatment is necessary at the moment, it has been identified and we will keep it under surveillance. Why am I sharing this? I have a relative who's MD has got to the stage where he may not get his drivers licence renewed. It is worth knowing for sure that MD is not a problem that might stop you driving in a few years. Make sure you see your Optometrist or Eye Specialist and be sure: Don't let " this won't happen to me" happen to you.

*Happiness doesn't depend on how much you have —
It depends on how you use the things you have.*

This SBDCMS Inc. Newsletter is compiled by David Pitt, Publicity Officer for the Shed.
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Australian Men's Shed Assoc. website is
www.mensshed.org