

Sunnybank District Community Men's Shed Inc.

Website : www.sunnybankshed.org

Men in sheds, building communities, working shoulder to shoulder.

Newsletter : August 2014

AGM

The Annual General Meeting and Election of Officers for 2014 will be held on Friday, September 19th at the shed.

Positions to be filled

Chairman
Secretary
Treasurer

Board Members

Asset management & Social Activities
Shed Management/Health & Safety
Projects, Sponsorship, & Fund Raising
Membership & Welfare
Communications , Marketing & Publicity.

All committee positions will be declared vacant , and about half of the present committee members —Des (Chairman) Maurice (Secretary) and David (Publicity) will not be available for re-election.

Nomination forms will be available at the shed during August and nominations will close as the shed closes on Friday, 6th September. Forms should be given to Maurice (Returning Officer) or left at the shed office in an envelope clearly marked "Returning Officer". The AGM will start at 10 am and be followed with refreshment at it's conclusion.

Did you realize that you can buy drinks at the shed. You may have thought that the drinks in our fridge were for the sausage sizzles that we run from time to time. However, they are there for you to buy and enjoy. Only \$1 for soft drink or water, put the money in our money box in the office. Enjoy!



The opening of Masters was as big as we expected it to be. The crowd was large, parking was almost non-existent, and we were kept on our toes for the whole day. We were asked to man the Sausage Sizzle for the two opening days and we were inundated by customers for the whole of both days. Chris Jarrott and his staff were good to us as they helped us to set up the equipment, and also provided storage for our gear overnight . It saved us a lot of handling .Thanks Chris.

As well as that big effort, we went back on the Saturday 26th July for another sizzle and this will assist our fund raising even more . During July, Con and Dan spent a few afternoons at the shop site assembling equipment for sale in the store. This enabled us to establish a credit with the store to use in the future.

Thanks, fellas, well done , and especially well done for organizing the Sausage sizzles so professionally and staying for the whole of both opening days.



Open Day at the Shed,

Saturday September 13th.

From 9 am.

Tell your friends—There will be a variety of "Shed Made" items for sale, a raffle for a major Project made at the shed, orders taken , Sausage sizzle, shed and garden inspections, wood turning demos, and much more.

Visit

Some of us will be making a return visit to the Men's Shed at Inala. A group from Inala recently came and paid us a visit , and we will return the visit on August 15th from about 10 am onwards. The committee meeting planed for that day will now be one week later. More details at the shed closer to the visit.

"In trying times, don't stop trying"

Contacts : Des Broom - Chairman Ph. 3345 2876 . Michael Langham - Treasurer Ph. 3272 8085
Secretary —Maurice Millsom —Ph. 3272 4045 Ian Turner—Shed Manager Ph. 0448 045 438

Location : Hillcrest St, Sunnybank Hills—Adjacent to Sunnybank Uniting Church parking area.

Postal Address : Unit 5 ,62 Pinelands Road, Sunnybank Hills. QLD. 4109



This shed is the initiative of the Sunnybank RSL Sub Branch and the Sunnybank Uniting Church.





Projects have been high on the agenda over the past month. Ian has been busy for many weeks making his model train and carriage set. It has been a challenge to produce such small items with such attention to detail. You can see for yourself the quality of this set of locomotives at our Open

Day , details—front page.

A lot of time has also been spent on this rocking horse, seen here still in the preparation stage. It has also taken much time and care to produce and will also be available to see at the Open Day. Orders can be place for this product on the same day.



Maurice found that the Meals on Wheels at Logan West where he assists, had trays for the delivery of food to it's clients that could be improved . He, and helpers , designed and produced these during June and July and they are now in service at Logan West .



Graeme, from Sunnybank Rotary, requested eight table signs to be made. They are to be used at a Citizenship Ceremony in Calamvale and the signs will help the people involved find where they are to register . The requirement was that they could be seen over the heads of all the other people in the meeting room . The right hand signs were chosen, the ones on the left will be seen at our open day, highlighting our different displays on view. Michael (left) and Warwick (right) helped in the manufacture of these signs.



Age or reduced mobility is not a barrier at the shed . A recent new member from Carramar Nursing home is seen sanding down a chair, ready for varnishing. His normal mode of transport is sitting along side him while he is busily engaged in the finishing process.



PATIENCE IS A VIRTUE THAT CARRIES A LOT OF " WAIT" .

This SBDCMS Inc. Newsletter is compiled by David Pitt, Publicity Officer for the Shed. Contact at d.pitt@optusnet.com.au

Australian Men's Shed Assoc. website is www.mensshed.org

Colin Calvert is our **Guest Speaker** in August— details at bottom of page.

His subject is to be about getting a good night's sleep. He did some research about sleep because his sleep patterns changed noticeably as he aged. He will share some interesting aspects about sleep that he discovered while looking into why he was falling asleep at the drop of a hat .



Safety always,

The committee meeting in July discussed the need for more safety awareness in all aspects of shed activity. It is every shed members responsibility to work safely while at the shed , for his own and his fellow workers sake.

The establishing of a Supervisor on duty each shed opening day assists in this safe approach, as he is the person to refer to if you are in any doubt at all about the machine you are using , or the method you are about to commence.

Eventually, the experienced members will carry a colour identification that relates to the machine or machines that they are competent with —they will then be the member to go to for advice or assistance.

Electrical safety is of paramount importance. The shed electrician should always be consulted on any electrical matter. Having a go at it yourself has got no part to play at the shed. It is the responsibility of all members to work safely always.

Dates for 2014.

Guest Speaker :Colin Calvert talking about the health implications of "Sleep" Friday 29th August –sausage sizzle following.

Bunning's B-B-Q's

Sunday 3rd August :
Saturday 11th October:
Sun. 28th December.

Committee Meetings (3rd Friday)

15th August (visit to Inala Shed) so committee meeting is Friday 22nd August.
AGM 19th September

Shed B-B-Q's – last Friday each month.