

Sunnybank District Community Men's Shed Inc.

Website : www.sunnybankshed.org

Men in sheds, building communities, working shoulder to shoulder.

Newsletter : June 2015



Open Day -May 23rd 2015 turned out to be a perfect day, unlike the previously cancelled day due to some of the worst weather the City has ever experienced. The members started arriving at the shed for 7 am to set up all

the tables and exhibits before the 9 am start.



Ian is shown selling raffle tickets with his train set (far right), made at the shed, as the first prize.

Tickets will be on sale until the September annual general meeting of the Men's Shed, when it will be drawn. A variety of hand crafted items, some shown on left, were on display and for sale.

No open day would be complete

without Con in charge of the sausage sizzle, assisted by Craig. The B B Q he used is a new appliance , recently earned by members assembling units for Bunnings at Rocklea, who assist us with our fund raising. The Community

Garden, adjacent to the shed, held an official opening at 10 am . Kim Marx, Councillor for Karawatha,

> officially opened the garden unveiling the large hand engraved sign, produced by a team led by Dan (right). Kim spoke of her support for both the



shed and the garden and her admiration for the community involvement of both organisations. She enjoyed being part of the group photo with the shed members (all in their shed uniforms). She also presented a cheque for \$500 from a benevolent community member for use in the

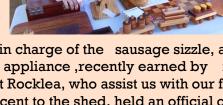
Community Garden to Andrew Ross, who accepted it on behalf of the Garden committee..

Contacts : Dan Stark - Chairman Ph. 0404 983 502. Michael Langham - Treasurer Ph. 3272 8085 Secretary -Des Broom -Ph. 3345 2876 Ian Turner-Shed Manager Ph. 0448 045 438 Location : Hillcrest St, Sunnybank Hills-Adjacent to Sunnybank Uniting Church parking area. Postal Address : Unit 5,62 Pinelands Road, Sunnybank Hills. QLD. 4109



This shed is the initiative of the Sunnybank RSL Sub Branch and the Sunnybank Uniting Church.









The shed was almost empty on Wednesday 27th May as most of the members attended a First Aid Course being held all day in the Uniting Church. Ben Prichard, who previously held a

defribulator course for us, was the instructor, and kept all those present entertained and alert with his presentation. The local Meals





on Wheels provided lunch which was well received.

Some members were doing a re-cap on a previous course to bring them up to date, and all were reminded about the defribulator and the

way to use it in an emergency. We forgot to provide a tea lady so Andrew, who also attended the course, filled in for us. With so many of our

members now qualified as First Aiders and proficient in CPR and de-fib

operation, the shed should be much safer to work in.





I TOLD YOU THAT I DO NOT HAVE ALZHEIMER'S. I HAVE " SOME - TIMERS " SOMETIMES I REMEMBER AND SOMETIMES I DON'T!!



Bits and pieces

The committee have decided that trying to waterproof the little office would be a waste of time and effort. They will try instead for funding to provide a large roof area from the shed out, to include the office. This would also give us an outdoor working area in times of bad weather.

The Medical Forms are not being filled in and returned. Last week only 17 forms had been returned. It is in your interest that this be done so we can act quickly to assist <u>you</u> if an incident occurs. Remember, they will be locked away and only opened and handed to medical persons in case of <u>you</u> needing medical assistance.

AMSA have sent out literature about organ donations. Please read the brochures available in the office and see if you can assist in their aims. Some of our members are already donors; give it some thought and see if you could give another person a gift that could save their life or be used to improve their quality of life.

The A.G.M. is coming up in September. Start thinking now about how <u>you</u> can play a role, on the committee, to improve the way it is now operating. Your input might be just what is needed to turn this great Men's Shed into an even better Shed. Give it some thought and talk to a committee member about it. **The Shed needs You**!

Dates for 2015

Committee Meetings

tings (3	rd Friday each month)
June	19th
July	17th
August	21st
September	18th
October	16th
November	20th
December.	18th.
September October November	18th 16th 20th

Shed B-B-Q's – last Friday each month.

Coming soon—June 26th. Guest Speaker : Joanne Kowitz: Sunnybank Hills Library

Big Cup of Tea with the Friday Craft Ladies Group. Friday 12th June at 10.30 am. Bring your partners, \$5 each for Cancer



This SBDCMS Inc. Newsletter is complied by David Pitt, Publicity Officer for the Shed assisted by Ken Tedford.. Contact David at d.pitt@optusnet.com.au or Ken at kenjan.tedford@bigpond.com

The Australian Men's Shed Assoc. website is **www.mensshed.org**

