



# Sunnybank District Community Men's Shed Inc.

Website : [www.sunnybankshed.org](http://www.sunnybankshed.org)

*Men in sheds, building communities, working shoulder to shoulder.*

**Newsletter : November 2016**

## One Man's Rubbish is Another Man's Treasure



This would be the motto for every garage sale! But it was also apt for our sale on Saturday 22 October. People came from near and far to rummage, to haggle, to walk out with a bargain! And what bargains! Everything from coffee makers to tools, nuts and bolts, wooden toys, chairs, plants, all manner of bric-a-brac, even a kitchen sink!

We didn't dispose of everything unfortunately, but isn't that the nature of most garage sales? We did change unwanted goods into money. Maurice started a raffle which will be drawn at our Christmas party. Keep those tickets in a safe place!



**Contacts :** Des Broom - Chairman 0407 018 037      Michael Langham - Treasurer 3272 8085  
Ken Griggs - Secretary 0478 224 269      Wyn Jones - Shed Manager 0412 043 795

**Location :** Hillcrest St, Sunnybank Hills – Adjacent to Sunnybank Uniting Church parking area.  
Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

**This shed is the initiative of the Sunnybank RSL Sub Branch and the Sunnybank Uniting Church.**





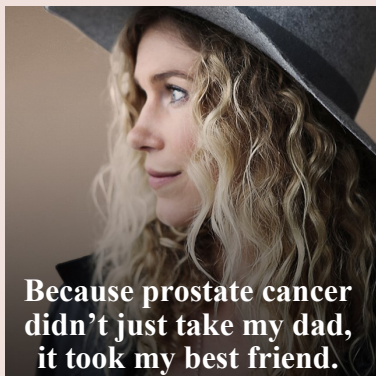
# Movember

Men's health is in crisis -  
Men are dying too young!

Movember is an annual, month-long celebration of the moustache, highlighting men's health issues, specifically prostate cancer and depression in men. Mo Bros start Movember clean shaven and then have the remainder of the month to grow and groom their moustache. During Movember each Mo Bro effectively becomes a walking billboard for men's health and, via their Mo, raises essential funds and awareness for Movember men's health partners.

For more information, go to: [au/movember.com](http://au/movember.com)

Or check out the 3-part series on ABC iview called "Man Up".



Because prostate cancer didn't just take my dad, it took my best friend.



## From The Committee

- ⇒ Don't forget to SIGN OUT when you leave the shed each day.
- ⇒ Ted & Wyn are working on an Asset Register.
- ⇒ There is a QMSA Metro South Zone meeting at the shed on Tuesday 15 November at 1pm.
- ⇒ Maurice & Geoff are looking at cheaper food supplies for our Bunnings BBQs.
- ⇒ We are getting quotes to supply solar power for the shed.
- ⇒ Des is investigating sealing the concrete between the sheds.
- ⇒ The machines need to be tested and tagged. Wyn, Maurice & Geoff are on to it.
- ⇒ Des is developing a Supervisor Checklist.

## DATES for 2016

**Committee Meetings** 3rd Friday each month

November 18  
December 16

**Shed B-B-Q s** – last Friday of the month  
– next one 25 November

## Happy Birthday!

<b>On November</b>	<b>8th</b> - Warwick V.	<b>13th</b> - John F.
	<b>20th</b> - David L.	<b>21st</b> - Man-Chung K.
	<b>24th</b> - Peter S.	<b>24th</b> - Wyn J.
	<b>26th</b> - Douglas Mc.	



## I Wish ...

Do you have a few activities that you would like to try?  
Are there some things that intrigue you?

Bruce has sent out a survey to gather this information from you.  
Would you like to go on fishing trips? Are you interested in leatherwork? Have a look in your Inbox!



A man was telling his neighbour, "I just bought a new hearing aid. It cost me twelve thousand dollars, but it's state of the art. It's perfect."  
"Really," answered the neighbour. "What kind is it?"  
"Twelve thirty."

This SBDCMS Inc. Newsletter is compiled by Ken Tedford, Publicity Officer for the Shed.  
Contact Ken at [kenjan.tedford@bigpond.com](mailto:kenjan.tedford@bigpond.com)