

Men in sheds, building communities, working shoulder to shoulder.

Newsletter: May 2017

hat a BBQ



Wow!!!

The people kept coming! The orders never stopped! The sausages sold like hotcakes! The tongs were a blur!

On top of that, we were running a one-day raffle as well!

Sunday 23 April has set new records!



Will the next barbecue live up to our new expectations?

HOW FIT RU?

DID YOU PUT ON A KG OR TWO **OVER CHRISTMAS?**



ARE YOU TIRED OF **EXERCISING ALONE?**



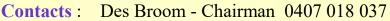
WHY NOT



RUN DOWN TO SUNNYBANK R.S.L.?

As a Social Member (only \$10 a year) you can join the **EXERCISE CLASSES** each Tuesday or Friday morning from 6:45 to 8 am - only \$5

Ph. 3344 7423 Mon., Thurs., Fri. 10am-2 pm or email adminofficer@sunnybankrsl.org



Ken Griggs - Secretary 0478 224 269

Location: Hillcrest St, Sunnybank Hills-Adjacent to Sunnybank Uniting Church parking area. Postal Address: Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109





great time assisting Stephanie at the Easter Family Night on Thursday 6 April. The kids got a special hammer and assembled their egg box. Painting came

Some may or may not have looked like this at the end!





Michael Langham - Treasurer 3272 8085 Wyn Jones - Shed Manager 0412 043 795





Who's New?

Ken O'B.

Hobbies: Boating, Golf, Restoring cars & bikes.

Recent Holiday: Drove to Cairns

Previous Job: Technician for

electronics and engineering firms





Tom T.

Hobbies: Singing at Church

Recent Holiday: Moreton Is.

Previous Job: Pastry Chef, Baker, Welder, Training for Chaplaincy

Happy Birthday!

On May 8th - Mukhtiar S. 12th - Lance T. 13th - Thomas F. and Tom T. 19th - Clifton D. 25th - Terry B.

From The Committee

- ⇒ Our Shed Open Day will be on Saturday 8 July from 10-2pm. Mark it in your diary now!
- ⇒ We are getting quotes to have a Security System installed at the shed.
- ⇒ St David's Uniting Church at Coopers Plains has invited us to have a stall at their Autumn Fest on Saturday 20 May. Are you available from 10 till 1pm?
- ⇒ Richard from the Southern Star took some pictures of men in the Workshop last Wednesday. Look in the edition out on Wednesday 3 May.
- ⇒ Lance has found that 24 men still need to hand in their Medical Forms (for use in an emergency). Is **vours** in the office?
- ⇒ A new shade cover will soon be appearing over the outdoor morning tea area.

Do you hear what I hear?



Peta from Australian Hearing paid us a visit. They have been around since 1947 when a severe outbreak of Rubella took place severely damaging children's hearing. There are over 400 clinics with our closest being on Logan Road near Garden City. Hearing aids are free if you are a child under 25 years of age, an Indigenous person over 50 or a holder of the blue Pension Card.



After a hearing check, see your G.P. Then contact your Health Care Fund to determine what you are covered for and next check with your House Contents Insurance for coverage. After seeing an audiologist test your hearing aids in various environments. They can last up to 10 years.

Committee Meetings 3rd Friday each month

May 19 June 16 July 21

Shed B-B-Q s & Social Day - last Friday of the month - next one 26 May

This SBDCMS Inc. Newsletter is complied by Ken Tedford, Publicity Officer for the Shed. Contact Ken at kenjan.tedford@bigpond.com