



Sunnybank District Community Men's Shed Inc.

Website : www.sunnybankshed.org

Men in sheds, building communities, working shoulder to shoulder.

Newsletter : November 2017

Looking for a Special Christmas present?

SHED OPEN DAY

Saturday 25 November 9 a.m. to 1 p.m.
Hillcrest St, Sunnybank Hills - behind Sbk Uniting Church

Toy Dump Trucks Puzzles

Teaching Wooden Trains

Leather Belts

Second-Hand Tools

Morning Tea

Sausage Sizzle

and SO MUCH MORE!

Dad / Grandad Jokes

What do you call a rose with no parents? A self-raising flower.

I'm fearful for the Calendar—its days are numbered!

Why move to Switzerland? Well, the flag is a big plus.

Hear about the new restaurant on the Moon?

The food was great, but there was just no atmosphere.

What do you call a cow with no legs? Ground beef.

I'm terrified of elevators.

I'm going to start taking steps to avoid them.

A sandwich walks into a bar.

The bartender says, "Sorry. We don't serve food here."

Shoulder to Shoulder

The Morning BBQ Shift

Bunnings Wednesday 18 October



Ladies Night Bunnings Thursday 19 October with Adam from Better Homes



Alan, Keith & Ted at "The Edge" State Library Workshop taking computers apart to find how to repair them.

Contacts : Des Broom - Chairman 0407 018 037
Ken Griggs - Secretary 0478 224 269

Michael Langham - Treasurer 3272 8085
Wyn Jones - Shed Manager 0412 043 795

Location : Hillcrest St, Sunnybank Hills— Adjacent to Sunnybank Uniting Church parking area.
Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

This shed is the initiative of the Sunnybank RSL Sub Branch and the Sunnybank Uniting Church.



Feeling More Than Blue

On Friday 27 Lorna spoke to us about Depression and Anxiety which she has suffered for many years. She had a strict mother and three older sisters. When the family moved to a larger town she never felt accepted at school. After her husband of 25 years died she didn't want to get out of bed. Her way forward came from her GP. He asked her to journal her feelings and to take some medicine. She leads an active life now but there are some low days. She told us it is treatable but opening up to someone is the key.

www.beyondblue.org.au



Make sure you get your tickets for our Sunnybank Men's Shed & Community Garden

2017 CHRISTMAS PARTY

25th November at 6pm

at Sunnybank RSL Hall, 19 Gager St, Sunnybank

Spit Roast Buffet \$35 / person

You can pay by Direct Deposit to

Sbk D C Men's Shed Inc. BSB 034 069 Account 918464

Reference: Your Surname

Happy Birthday!

On NOVEMBER

8th - Warwick V. 13th - John F.

20th - David L. 21st - Man-Chung K.

24th - Wyn J. & Peter S. 26th - Doug McC.

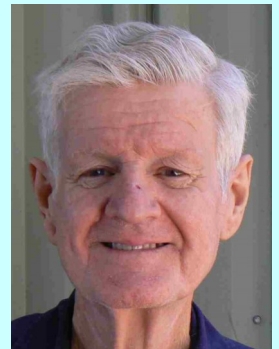
New Faces

Jeff K.

Hobbies: Making Hand Planes

Recent Holiday: Cairns

Previous Job: Joiner



Edward T.

Hobbies: Fishing

Previous Job: Working in Supermarkets



From The Committee

- ⇒ We are looking into setting up a Computer Room at the Church. We have about 16 donated computers from 4 to 6 years old. Stay tuned!
- ⇒ Our next BBQ at Rocklea Bunnings is on Saturday 4 November.
- ⇒ Thanks Jim B. for taking on the role of Workplace Health & Safety Officer.
- ⇒ To allow for members attending future AMSA Conferences the price of Morning Tea will rise to \$3 starting the first Shed Day of January 2018. A good idea, Som!
- ⇒ Des B., Geoff C. & Warwick V. are investigating a smoother way for transitioning leadership positions on the Committee.

DATES for 2017

Committee Meetings 3rd Friday each month

November 17

December 15

Shed B-B-Q & Social Day - last Friday of the month

- next one 24 November

This SBDCMS Inc. Newsletter is compiled by Ken Tedford, Publicity Officer for the Shed.
Contact Ken at kenjan.tedford@bigpond.com