



# Sunnybank District Community Men's Shed Inc.

Website : [www.sunnybankshed.org](http://www.sunnybankshed.org)

*Men in sheds, building communities, working shoulder to shoulder.*

**Newsletter : MARCH 2018**

## What's Happening?

- ◇ On Thursday 22 March we are conducting a DIY Night at Bunnings Rocklea with an Easter theme. See Des if you can help.
- ◇ Our next BBQ at Bunnings is Saturday 31 March. Put your name on the White Board at the Shed.
- ◇ Ever wanted to know what goes on at a Rum Distillery? Geoff has organised a tour of Beenleigh Distillery on Wednesday 9 May. We can only take 25 so get your name in quick.
- ◇ Owen is holding classes in burning letters & pictures into wood on Tuesday mornings.
- ◇ Please respond to Ken G.'s email for tickets for Working with Wood Show by Friday 9 March.

## First Aid

On Wednesday 14 February Geoff was able to organise a visit by two representatives of Queensland Ambulance Services. They covered resuscitation techniques and the use of the defibrillator.

Warwick is looking into the funding of more First Aid courses to keep our skills in CPR and First Aid up to date.



## The Show must go on!

Trevor visited us on Friday 23 February to tell us about the Sunnybank Theatre Group. They began in 1965. All staff and performers are volunteers. The theatre is air-conditioned and they have a fully licenced bar.



Each year there are 6 performances made up of dramas, thrillers, comedies, pantomimes and musicals. There is seating for 108 people and you can chat with the actors after the show. To book go to [www.stg.org.au](http://www.stg.org.au) or phone 3345 3964

## Bedlam!

Here is our latest community project. A lady needed a frame for a low bed.



Enter Maurice and his bed bugs. Measure, cut, drill, attach, deliver. Result - another project laid to rest!

**Contacts :** Des Broom - Chairman 0407 018 037  
 Ken Griggs - Secretary 0478 224 269  
 Michael Langham - Treasurer 3272 8085  
 Wyn Jones - Shed Manager 0412 043 795  
**Location :** Hillcrest St, Sunnybank Hills – Adjacent to Sunnybank Uniting Church parking area.  
 Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109



**This shed is the initiative of the Sunnybank RSL Sub Branch and the Sunnybank Uniting Church.**



# How's He Getting On?



Mark M. is paralysed down his left side as a result of his strokes. He is undergoing intensive physio at the P.A. His recovery will be slow and steady.



Ian H. has had no improvement in his balance and co-ordination but he is pleased with the level of care he has received. The specialists continue to do extensive tests.



Con J. is recovering well at home. After his heart attack he had 3 stents and a defibrillator inserted.

# New Faces



**Greg Q.**

**Hobbies:** Woodwork, Old Cars

**Recent Holiday:** European River Cruise

**Previous Job:** Catering Manager

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**Gordon W.**

**Hobbies:** Fishing, Kayaking

**Recent Holiday:** Pacific Islands Cruise

**Previous Job:** Maintenance, Gardening



# Don't Fence Me In!



They are not trying to cage Alan. That's what they told me!

This is in fact a new fence around the Dust Extraction system.

I bought my son a fridge for his birthday. I can't wait to see his face light up when he opens it!

**Ha! Ha!**

**What's the difference between a hippo and a zippo? One is really heavy and the other is a little lighter.**

Why couldn't the life guard save the hippie? He was too far out, man.

# From The Committee

- ⇒ Another wood lathe was offered to us, but as we already have two, it was passed on to the Algester Men's Shed.
- ⇒ Maurice would like to hear about all projects being worked on. Please write them in the Projects Folder near the sign-on sheet.
- ⇒ We are considering holding our Christmas Party at Lunch time instead of at night. Please talk to a Committee Member about your views.

# Blow Out Some Candles!

On MARCH

6th - Kev B.      12th - Col C.

24th - Brian D.    27th - Dave V.    28th - George P.

# DATES for 2018

**Committee Meetings** 3rd Friday each month

**March 16**

**April 20**

**Shed B-B-Q & Social Day** - last Friday of the month  
- next one 30 March

This SBDCMS Inc. Newsletter is compiled by Ken Tedford, Publicity Officer for the Shed.  
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