SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED

MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES

SUNNYBANK MEN'S SHED

SHED NEWS

MARCH 2019

A Project For Our Community

Autism Qld needed sets of outdoor tables and chairs. The timber was purchased by a private donor for Sunnybank Men's Shed. Ted and Jeff set to work building the furniture.

On Thursday 14 February they were able to deliver the first set of tables and chairs to Autism Queensland Limited.
The tables and four chairs are made from Australian hardwood, discreetly etched with both the AQ butterfly and Sunnybank Men's Shed logo.

The picture on the right shows Ted S (Assistant Shed Manager) and Wyn J (Shed Manager) from Sunnybank and District Community Men's Shed, with Jen C (Manager Education Support & Therapy Services of Autism Queensland Limited.

To date two sets have been made, one for Autism Queensland at Sunnybank and the other for Autism Queensland at Brighton.

Ted and Jeff will keep chipping away at the task until all of the sets have been completed.

Duncan Pegg MP - Member for Stretton

Clean Up Australia Day
Sunday, 3 March 2019
9:30am - 10:30am
Juxgold Place Park, Calamvale

Hee! Hee! Hee!

The easiest time to add insult to injury is when you're signing somebody's cast.

I like to go into The Body Shop and shout out really loud, "I've already got one!"

My therapist told me the way to achieve true inner peace is to finish what you started. So far I've finished two bags of M&Ms and a chocolate cake. I feel better already!

A woman says to her husband, 'You never take me anywhere expensive anymore.' He says, 'Get your coat on.' She says, 'Where are we going?' He says, 'The petrol station.'

Staying On Track

Our Guest Speaker for February was Amanda from QRail. She spoke about the many train vacations. These include Brisbane to Cairns, Brisbane to Winton, Brisbane to Charleville and Townsville to Mt Isa. You can break your journeys along the way. Economy Seats and Business Seats are available as well as RailBeds.

Each Pension Card holder is allowed 4 free one-way rail trips each year. Alternatively if you present your Seniors Card you receive up to 50% off the full adult fare on long distance services.

A colour brochure is available.

More details 1800 872 467
or
queenslandrailtravel.com.au

New Friends

Bill, Dawn and Ray dropped in to check out the Shed. They enjoyed a chat and Morning Tea before returning to Carramar Aged Care Facility.

Like-Minded Men

What about the AMSA National Men's Gathering in Adelaide on 10 - 12 September? Air fare, accommodation and registration fees will be covered. If you would like to go along, see Des, Geoff or Warwick by **15 March.**

On MARCH

4th - Carlos P. 6th- Kevin B.

9th - Andrew A.

12th - Shuo-Hsien L., Colin C.

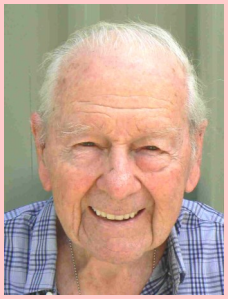
24th - Brian D.

28th - George P. 29th - Sam R.

From The Committee

- Do you know of any businesses that would like to sponsor the Shed? They receive coverage in the Newsletter and on our Facebook page.
- On Wednesday 20th the Hearing Van will be here.
- Mike is working on silencing the Extractor noise.
- Music at the Shed 10a.m. Saturday 9th and 23rd.
- Geoff is waiting on quotes for a cotton Shed Shirt.

New Faces



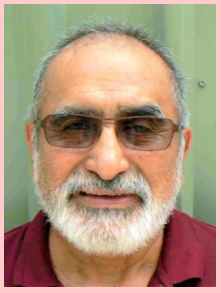
Malcolm B.

Hobbies: Remote Control Planes, Playing Keyboard

Recent Holiday: Gold Coast

Previous Job: Joiner Qld Govt (QBuild)

Carlos P.



Hobbies: Reading, Watching TV

Recent Holiday: New Zealand

Previous Job: Groundsman

DATES for 2019

SHED B-B-Q DAY - $5 LUNCH
next one - 29 MARCH

Committee Meeting 3RD FRIDAY each month
March 15 at 11:30 a.m.

Contacts : **Des Broom - Chairman 0407 018 037** **Rob de Martin - Treasurer 0411 759 203**
Alan de Beer - Secretary 0417 364 444 **Wyn Jones - Shed Manager 0412 043 795**
Website: www.sunnybankshed.org Find us on **Facebook** - Sunnybank Men's Shed
Location : Vehicle parking area adjacent to Sunnybank Uniting Church, Hillcrest St, Sunnybank Hills
Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

Sunnybank Men's Shed is the initiative of **Sunnybank Uniting Church** and **Sunnybank RSL Sub Branch**
Shed News is printed by the office of Kim Marx, Councillor for Runcorn, who proudly supports us.