

SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED

MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES



SHED NEWS

OCTOBER 2019



From the A. G. M. !

On Friday 20 September we had 50 people attend our A.G.M. Our special guests included Sasha and Lee for Graham Perrett, Federal Member for Moreton, Duncan Pegg, State Member for Stretton and Kim Marx, BC Councillor for Runcorn Ward.

Highlights included:



Des's last report as Chairman stated that we comprise 95 members at present. He listed the many projects we have completed for Technical Aid for the Disabled, Autism Qld, Carramar Blue Care, Sunnybank Uniting Church, Coopers Plains Uniting Church, Sunnybank RSL, Conductive Education Qld, Eight Mile Plains Children's Centre, Calamvale Special School, Bunnings Rocklea, Acacia Ridge YMCA, Brisbane City Council, Salisbury Rotary Club and the general public.

An update from Kim Marx on endeavours to locate a suitable site for our shed. She reported that a large site in the area is hard to find.

Geoff C., unfortunately, had to withdraw his nomination for Chairman due to health concerns. Within 3 months a General Meeting will be called to elect a new Chairman. At the same meeting we will tidy up a few rules for the Office of Fair Trading.

All other positions were filled by those nominated i.e. **Vice Chairman** - Greg Q., **Secretary** - Paul M., **Treasurer** - Rob. D. M., **Shed Manager** - Wyn J., **OHS Officer & Asset Manager** - Ted S., **Sponsorship & Fundraising Officer** - Mike L., **Projects Officer** - Maurice M., **Membership & Welfare Officer** - Barry L., **Communication, Marketing & Media Officer** - Ken T. & **Social Activities Officer** - Burt B.

Geoff, Paul and Bruno reported on the AMSA Conference in Adelaide held on 10-12 September. There they focussed on Men's Health and the importance and benefits to men of belonging to a shed. One light-hearted quote: All of our members bring happiness: some by coming, others by going.



Instead of "the John," I call my toilet "the Jim." That way it sounds better when I say I go to the Jim first thing every morning.

I was in the army once and the Sergeant said to me: "What does surrender mean?" I said: "I give up!"

GRANDCHILDREN'S DAY

On Friday, 27 September we had 15 children and teenagers call by to see what happens at Grandpa's shed.



Pensioners FREE from 1 Oct. on buses, ferries and City cats Mon-Fri 8:30 a.m. to 3:30 p.m. & free buses on weekends.



Rock On!

Old Chisel at Uniting Church fete on Saturday 14 September.

From The Committee

- ☛ Alan is close to having eftpos up and running.
- ☛ The Music Group "Old Chisel" has received some funds from the Committee to buy leads, etc. Ron & Ken bought an electronic drum set second-hand.
- ☛ Mike has submitted a grant to fund First Aid training.

DATES for 2019

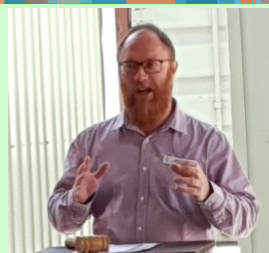
SHED B-B-Q DAY - \$5 LUNCH
next one - 27 SEPTEMBER

SHED A.G.M. - SEPTEMBER 20 at 10 a.m.



ADA Australia
Your aged and disability advocates

Mark Dries dropped in to keep us up to date on Aged Care. ADA Australia offers free, confidential, client directed advocacy support to people with issues around living at home receiving community care or aged care services.



The government's aim is to keep people living in their own homes. To this end MYAGEDCARE manages 5 levels. These range from an allowance of \$7 000 a year helping with cleaning, gardening and shopping.

Home Care Packages range from level 2 to 4.

An ACAT assessment is required at Level 2 to determine your precise needs.

Level 4 offers up to \$50 000 keeping a person in a hospital bed at home. Level 5 is placement in an Aged Care Home.

Money at each level can be spent with a provider of your choice.

Phone 1800 818 338 (Free Call) or (07) 3637 6000

Email – info@adaaustralia.com.au

Website – <https://adaaustralia.com.au>

On OCTOBER



- 2nd-Leon S. 3rd-Maurice M.
- 5th-Gordon W. 7th-Barry L.
- 8th-Mike G. 10th-Frank M.
- 18th-Midhat A. 21st-Shivum P.
- 22nd-Jack F. 25th-Mike L.
- 26th-Matthew C.
- 28th-Trevor P., Morgan R.

New Faces



Michael M. from Eritrea

Hobbies: Woodworking

Previous Job: Truck Driver

Contacts : Des Broom - Chairman 0407 018 037

Alan de Beer - Secretary 0417 364 444

Website: www.sunnybankshed.org

Find us on **Facebook** - Sunnybank Men's Shed

Location : Car park area adjacent to Sunnybank Uniting Church, Hillcrest St, Sunnybank Hills

Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

Sunnybank Men's Shed is the initiative of Sunnybank Uniting Church and Sunnybank RSL Sub Branch

Shed News is printed by the office of Kim Marx, Councillor for Runcorn, who proudly supports us.

