

SUNNYBANK AND DISTRICT COMMUNITY MEN'S SHED

MEN WORKING SHOULDER TO SHOULDER BUILDING COMMUNITIES



SHED NEWS

APRIL 2020



The Sunnybank Men's Shed closed **on Wednesday 18 March** due to the coronavirus pandemic.

The Shed Management Committee will meet, via phone hook-up or something similar, on **Wednesday 15 April** to reconsider the closure and take into consideration the latest advice from medical experts and government authorities.

Fortunately, we are not aware of any of our members having tested positive to the virus and we hope that this remains the case. **Please contact us if you are tested positive!**

Coronavirus disease (COVID-19)2 How can we help prevent the spread of coronavirus?

Practising good hand and sneeze/cough hygiene is the best defence against most viruses. So

- **wash** your hands frequently with soap and water, before and after eating, and after going to the toilet
- **cover** your cough and sneeze, dispose of tissues, and use alcohol-based hand sanitiser
- and if unwell, **avoid** contact with others (stay more than 1.5 metres from people).

Things To Do While Isolated

You can worry about Covid-19 OR you can...

- ◇ Keep working on "The List"
- ◇ Write that book / song / play / ...
- ◇ Learn to do something on YouTube - to understand technology / play that instrument / build that ___ / fix the ___
- ◇ Drop a note at your neighbours offering to help where needed
- ◇ Volunteer dropping food off with Meals On Wheels
- ◇ Check out other radio stations on your Digital Radio / other TV stations on Free To Air Digital
- ◇ Build garden beds and grow your own (most seedlings & seeds are sold out - get seeds from old fruit & veg?)
- ◇ Tidy up the Spare Room / Office / Shed - you know you want to!
- ◇ Top up your Spotify tunes with more songs from that era / year / genre...
- ◇ Make up a Photo Book online for your kids / grandkids
- ◇ Catch up on missed episodes of your favourite TV shows on IView, SBS On Demand, 7 Plus, 9 Now, 10 Play, ...
- ◇ Find some Good Jokes online - that'll keep you busy for ages

Coronavirus Government Briefings



Denmark



Washington



Post-Coronavirus males, displaying their Hunter Gatherer prowess in order to attract mates

They didn't see Covid-19 coming, but



NOBODY EXPECTED THE SPANISH INQUISITION

Quarantine Appropriate Album Covers



Anyhow, on the lighter side:

I still haven't decided where to go for Easter; debating between the bedroom or the living room.

Remember the old days when you had time to wash your hands during an ad break?

I ran out of loo paper and had to use lettuce leaves — I know it's just the tip of the iceberg!



On APRIL

- 2nd-Tony P.
- 3rd-Brian P.
- 4th-Greg T., David W., Rob J.
- 13th-Michael C.
- 29th-Chad S.
- 30th- Ewen M.

From The Committee

- ⇒ We are donating one of our spare computers to Meals On Wheels.
- ⇒ Bunnings is giving a \$500 Gift Card in lieu of our next scheduled Barbecue on Saturday 28 March.
- ⇒ Our Welfare Officer, Lance, is buying a mobile phone. This will be the one number you ring when concerned for someone.

New Faces



Neil K.

Hobbies: Restoring Old Furniture

Previous Job: Vehicle Safety Inspector

Recent Holiday: New Guinea

DATES for 2020

SHED BBQ - \$5 LUNCH
DATE T.B.A.

Next Committee Meeting
WEDNESDAY 15 April at 8:30 a.m.

Michael C.

Previous Job: Psychiatric Nurse

Recent Holiday: Mt Tamborine



Contacts : Rob Johnson - President 0412 285 618 Rob de Martin - Treasurer 0411 759 203
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Website: www.sunnybankshed.org Find us on Facebook - Sunnybank Men's Shed

Location : Car park area adjacent to Sunnybank Uniting Church, Hillcrest St, Sunnybank Hills

Postal Address : Unit 5 / 62 Pinelands Road, Sunnybank Hills. QLD. 4109

Sunnybank Men's Shed is the initiative of Sunnybank Uniting Church and Sunnybank RSL Sub Branch

Shed News is printed by the office of Kim Marx, Councillor for Runcorn, who proudly supports us.

